



At secondary school your child will learn in lessons and assemblies that bullying:

- goes on for a while, or happens regularly
- is deliberate – the other person wants to hurt, humiliate or harm the target
- involves someone (or several people) who are stronger in some way than the person being bullied – the person doing the bullying has more power; they're older, stronger, there are more of them or they have some 'hold' over the target (eg they know a secret about them)

Because these three things have to happen together for something to be called 'bullying', they'll learn that bullying isn't:

- a one-off fight or argument
- a friend sometimes being nasty
- an argument with a friend

Where to find out more

For further information about bullying try these helplines and websites:

www.childline.org.uk (tel/ 0800 1111)

www.bullying.co.uk

www.parentlineplus.org.uk (tel/ 0808 800 2222)