

IMPULSE LEISURE INCLUSIVE FUN DAY

FOR DISABLED CHILDREN AND THEIR FAMILIES



**Saturday 11th February 10am – 4pm
at Impulse Leisure – Lancing Manor**

For under 18's

**All activities are
FREE**

Impulse Leisure - Lancing Manor Tel. (01903) 524624
Manor Road, Lancing, West Sussex BN15 0PH

Impulse
LEISURE

Time	Activity	Destination	Information
10.00 - 11.30	Seagulls Specials	Sports Hall	www.seagulls-specials.org.uk
10.00 - 11.30	Marlow Sports Boccia/Table Tennis	Sports Hall	www.marlowsports.co.uk
10.00 - 14.30	Mighty Mites (soft play)	Sports Hall	Soft play equipment, including bouncy castles & ball pit
11.00 - 15.00	Dance Mats	Studio	Up to 12 Electronic dance mats at one time with dance beat box over 1000 songs
12.00 - 15.00	Rebound Therapy (Trampolining)	Sports Hall	www.reboundtherapy.org
12.00 - 15.00	Lazer Tag	Sports Hall	www.wheelchairlasertag.co.uk
15.00 - 16.00	Punch and Judy Theatre Show	Crèche	www.londonpunch.co.uk

Buffet served from 13.00 in the de Brock Suite who also supply tea, coffee and soft drinks (squash)

Book before 7th February & receive a **FREE** Mega Munchies Treat Box which includes: sandwiches, fruit, biscuits and much more...

COME ALONG AND ENJOY THE FUN

Coming Soon!!!

**Impulse Leisure - Southwick
FREE Fun Day**

11th March 2012 10am - 4pm

**For more information please call
(01273) 238111**